



Address: #219, 9148 – 23 Avenue Edmonton, AB Telephone: 780-965-8338

# Alberta Wu Shu & Tai Chi Association

April. - June / 2025 Class Schedule

CLASSES	DESCRIPTION	TIMES	DATES	FEE GST Inc
Tai Chi 8 Methods and 5 Steps 太极拳八法五步	Beginner Level 1	Thur. 10:00 – 11:00 a	Apr. 10 – Jun. 26	195 or \$73 / mo
Health Qigong Yijinjing, Liuzijue & Baduanjin 健身气功 – 易筋经、六字诀、八段锦	All Levels accept new students	Mon. 6:00 – 7:00 p	Apr. 7 – Jun. 30 No class on Apr. 21,	\$195 or \$73 / mo
Health Qigong Yijinjing, Liuzijue & Baduanjin 健身气功 – 易筋经、六字诀、八段锦	All Levels accept new students	Wed. 10:00 – 11:00 a	Apr. 9 – Jun. 25	\$195 or \$73 / mo
24 Moves Yang Style Tai Chi 24 势杨式太极拳	Beginner Level 2	Mon. 8:00 – 9:00 p	Apr. 7 – Jun. 30 No class on Apr. 21,	\$195 or \$73 / mo
Traditional Yang Style Tai Chi 传统杨式太极拳	Beginner Level 2	Thur. 11:00 a. – 12:00	Apr. 10 – Jun. 26	\$195 or \$73 / mo
Traditional Chen Style Tai Chi 传统陈式太极拳初级班	Beginner Level 2	Tue. 7:05 – 8:05 p	Apr. 22 – Jul. 15 No class on July 1	\$195 or \$73 / mo
Yang Style Tai Chi & Sword 杨式太极拳, 剑	Intermediate	Mon. 7:00 – 8:00 p	Apr. 7 – Jun. 30 No class on Apr. 21,	\$195 or \$73 / mo
Traditional Yang Style Tai Chi 传统杨式太极拳	Intermediate	Wed 11:00a – 12:00n	Apr. 9 – Jun. 25	\$195 or \$73 / mo

Wushu drop-in class fee \$20 Tai Chi drop-in class fee \$22.

Sign up for 2 classes & get a 5 % discount, 3 classes 10%, 4 classes 20%, and unlimited classes for \$668

New Tai Chi students: an additional \$65 fee applies, which includes a white T-shirt, Tai Chi textbook, and yearly membership to Alberta Wushu & Tai Chi Association.

New Qigong students: an additional \$38 fee applies, which includes a white T-shirt and annual membership to Alberta Wushu & Tai Chi Association.

New Wushu students: An additional \$68 fee applies, which includes a t-shirt, annual memberships to Wushu Kungfu Alberta (PSO) and Albert Wushu & Tai Chi Association (program organizer)

Payment Methods: Cash or E-transfer to: <u>albertawushu2021@gmail.com</u>

for new **Tai Chi and Qigong students**, please complete Forms 3 and 4 on the following pages. for new **Wushu students**, please complete all three forms.

You may either choose to:

- a) Print and fill it out, and return it in person.
- b) Download and fill out the PDF digitally, and email the completed forms to jihong@jihongtaichi.com

## Form 3

## Alberta Wushu & Tai Chi Association Annual New Membership Application (Please print)

Name :	Gender:	Birthday:
Address :	Phone	: <u>()</u>
City & Prov. :	Email	:
Postal code :		
Name(s) of additio	nal member(s) :	
	M / F Adult/under 18	
	M / F Adult/under 18	
	M / F Adult/under 18	
	M / F Adult/under 18	
l do hereby agree Alberta Wushu an	to obey all the rules and regulatic d Taichi Association	ons (see Conditions below) set by the
l do hereby agree Alberta Wushu an	to obey all the rules and regulatic d Taichi Association	ons (see Conditions below) set by the ture:
I do hereby agree Alberta Wushu and Date:	to obey all the rules and regulation d Taichi Association Signa	
I do hereby agree Alberta Wushu and Date: Under 18, Parent / Conditions: The Association is a r of Wu shu and Tai Ch for any personal injur acts of negligence or the members at the ac from parents/guardian 本會為一不牟利的社團 友誼, 共同為促進體育	to obey all the rules and regulation d Taichi Association Signa Guardian signature: non-profit organization. The main object in as a means to improve human health y, or death, or public liability suffered b omission of the directors and agents of ctivities of Association. Any person age ns) can apply for membership of the Ass 剧,希望能籍著本會的成立, 為大眾提供更	ture: tive of the organization is to promote the practice and wellness. The Association is not responsible y our members, howsoever caused, including any the Association, as a result of the participation of d 18 or over (minors must have written permission ociation. 多體育運動的機會, 籍運動而促進彼此間的 就比賽中受傷, 本會不負一切法律上的責任.

### Alberta Wushu & Tai Chi Association

#219, 9148 23 Ave NW, Edmonton AB, T6N 1H9

#### **COURSE REGISTRATION FORM**

Name:	Chinese Nam	e:(if applicable)	Birthday:
Address:	(Street Address / Municipality (city, town et	tc.) / Postal Code)	
Email:	Phone:		Mobile:
Male: 🗆 Female: 🗆	Registering for Martial Arts Activities in:	Wushu 🗆 Tai Chi 🗆	Health Qigong $\Box$

I HEREBY AGREE TO ABIDE BY THE RULES AND REGULATIONS PROMULGATED BY ALBERTA WUSHU & TAI CHI ASSOCIATION FROM TIME TO TIME.

#### WAIVER AND RELEASE

#### I, THE UNDERSIGNED, HEREBY COVENANT AND AGREE:

- 1. Alberta Wushu & Tai Chi Association ("Association"), tenant of #219, 9148 23 Ave NW, Edmonton Alberta ("Subject Premises"), and their respective directors, officers, instructors, agent and employees, **shall not be held liable** in any way or manner:
  - a. for the death or injuries of whatever nature and kind and howsoever suffered by me or my children as a direct or indirect result of:
    - i. the use of the said premises by me or my children, whether as a student of the Association, or as parent of the student, spectator, visitor, licensee or invitee; and
    - ii. the omission or negligence of Alberta Wushu & Tai Chi Association, their respective directors, officers, instructors, agents and employees in the maintenance, care and operation of the Subject Premises;
  - b. for the loss of or damage to any property incurred or suffered by me or my children while in attendance of the Subject Premises, whether as a student, parent, spectator, visitor, licensee or invitee;
  - c. for any damage, injuries, personal discomfort, illness or death suffered or sustained by me or my children as a direct, indirect or consequential result of:
    - i. the instructions given to me or my children by the Association, its instructors and agents, in the training of Wu Shu, Tai Chi, weapons, long and short, sparring and push-hand, or any other forms of athletic, gymnastic and martial art exercises (collectively the "Training"); or
    - ii. the omission or negligence of the Association, its directors, officers, instructors and agents, in the course of providing Training to me or my children.
- 2. AND I HEREBY RELEASE ACQUIT AND FOREVER DISCHARGE ALBERTA WUSHU & TAI CHI ASSOCIATION, their respective directors, officers, instructors, agents and employees (collectively "the Releasee"), from any and all claims, demands, damages, costs, expenses, loss of services, actions and causes of action, suits, debts, dues, sums of money, expenses, general damages, special damages, subrogated claims, costs,

claims and demands of any and every kind and nature whatsoever, at law or in equity, or under any Statute, including claims under the Alberta Hospitals Act and Workers' Compensation Act, if any, against which the said Releasee, or any of them, I ever had, now have, or which I or my heirs, executors, administrators, assigns or agents, hereafter can, shall or any have, for or by reason of any matter, cause or thing whatsoever existing up to the present time, and in particular, but without restricting, for or by reason of any claim for injuries or death or damages to person or property, including all expenses therefrom, including solicitor-client costs, which I might have by reason of or arising out of or connected in any way with or in consequence of,

- i. the use of the Subject Premises in any way or manner by me or my children;
- ii. the omission or negligence of the Releasee in the maintenance, care and operation of the Subject Premises; and
- iii. the omission or negligence of the Releasee in the course of provision of Training to myself and my children.

**AND I DO HEREBY WAIVE** all my rights, whether in law or in equity, against the said Releasees or any one of them, for any injuries, loss or death suffered by me or my children as a result of the aforesaid.

#### 3. AND I ACKNOWLEDGE THAT:

- a. I am cognizant of and have been sufficiently informed by the Association of the risks that may be involved in the said Training, and I further acknowledge that the participation in such Training by myself or my children may or might cause injury, loss, damage or death to myself, my children, or others; and
- b. the Association, its instructors and agents, are not responsible in any way for supervising any students who are under 18 years for their safety and security when such students are not participating in the Training but remaining at large on the Subject Premises while training of other students is proceeding.
- c. I voluntarily assume all such risks, responsibilities and liabilities as a result of my or my children's participation in the Training, or as a result of my or my children's attendance at the Subject Premises, which said risks may or might cause injury, loss or death to myself, my children or others.
- d. and I warrant that I am in good health, of sound physical and mental condition with no medical conditions, existing or pre-existing, and free of any physical defects, impairment, or any physiological condition that may be aggravated by my engaging in such Training; or, if I am not in good health, or I am not of sound physical and mental conditions with existing or pre-existing physical, physiological or mental defects or impairment, I acknowledge that my participation in the Training would aggravate my existing mental, physical and physiological condition, and I voluntarily assume all the risks as a result of my participation of the Training.
- 4. AND I ACKNOWEDGE that:
  - a. my enrolment at the Association for the said Training evidenced by this Registration Form is good and sufficient consideration of the Release and Waiver;
  - b. this Release and Waiver is binding on me, my heirs, successors and assigns so long as I remain a student at the Association.

I HAVE READ AND FULLY UNDERSTOOD THE ABOVE.

DATED at Edmonton, Alberta, this \_\_\_\_\_ day of \_\_\_\_\_, 2024 .

Signature of Registrant

Signature of Parent or Guardian of Registrant

Form 2

## Wushu Kungfu Alberta

### INDIVIDUAL APPLICATION FORM

Wushu Kungfu Alberta is a registered non-profit organization and the official Provincial Sports Organization (PSO) recognized by Wushu Canada. Your support will help us fulfill our mission of guiding, growing and raising the awareness of Wushu and Kungfu as a sport in Alberta. For additional information, please find us at wushukungfualberta.ca or at wushucanada.com. First name: \_\_\_\_\_

Last name: _	
Gender:	

Birthdate (DD/MM/YYYY): \_\_\_\_\_

Member Club: \_Ji Hong Wushu & Tai Chi College Email:

ATHLETE	<ul> <li>Recreational (\$30)</li> </ul>	
	<ul> <li>High Performance (\$60)</li> </ul>	
СОАСН	○ General (\$30)	
	<ul> <li>High Performance (\$60)</li> </ul>	
OFFICIAL/JUDGE	<ul> <li>Class C (\$30)</li> </ul>	
	<ul> <li>Class A/B (\$60)</li> </ul>	
SUPPORTING MEMBER	o General (\$30)	
	o Lifetime (\$300)	
	<ul> <li>Lifetime Honorary, over 65 (\$30)</li> </ul>	

\*for more information, please visit wushucanada.com

I \_\_\_\_\_ (Signature) or \_\_\_\_\_\_ (Parental Signature)

acknowledge Wushu Kungfu Alberta and all of its employees, volunteers and agents shall not be held liable for any injury, including death to any person or for any loss or damage to property of the above-named individual at any time.